

Join the Fun! Come Laugh With Us!

Two options - Phone or Zoom

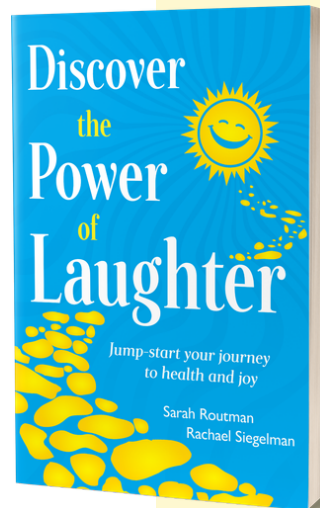
Sarah Routman

Global Laughter Ambassador



Co-authors of

Discover the Power of Laughter:
Jump-start your journey to health and joy



Rachael Siegelman

Laughter Champion



An 12-year community tradition.

Free Weekly 15-Minute Laughter Calls
in 3 Easy Steps:

Mondays 10-10:15 am EST

Step 1: **Call:** 218.339.2460

Step 2: **Enter Code:** LAUGH# (52844#)

Step 3: **LAUGH** and feel the energy all day!

**Put us on
your
calendar**

A visual way to connect and play.

Join me for *Free Weekly* Laughter
Sessions on **Zoom**

Tuesdays 10-10:15 am EST

[Zoom Link](#)

Meeting ID: 764 6893 9356

Passcode: connect

Love to celebrate?
**Let's celebrate
YOU!**



[Click to join our
Laughter Birthday Club
and get a FREE gift!](#)